

AUTHORIZING RECOGNITION OF SEPTEMBER 2025 AS SENIOR CENTER AWARENESS MONTH

WHEREAS: The ten-county Capital Area Council of Governments (CAPCOG) region is home to more than 399,967

citizens aged 60 years or older who may be at risk of social isolation and nutrition insecurity; and

WHEREAS: The surgeon General has identified loneliness as a national epidemic; and

WHEREAS: Senior centers are places where people gather, support one another, and build community; and

WHEREAS: Continued funding authorized by the Older American Act of 1965 for the Senior Centers in the region support services and benefits for older adults, caregivers, family members, and the community at large; and

WHEREAS: The Capital Area Council of Governments in its efforts to increase awareness and promote strategies to increase senior participation, to increase the number of senior centers throughout the region, and in support

of efforts to reduce loneliness in the aging population, in partnership with the Area Agency on Aging.

WHEREAS: The Executive Committee of the Capital Area Council of Governments declares the month of September

2025, to be Senior Center Awareness Month in the CAPCOG region to support awareness of the positive impact Senior Centers have within the communities throughout the CAPCOG region and to promote the 2025 theme, *Powering Possibilities: Flip the Script*, which invites us to challenge outdated perceptions of aging and senior centers. It celebrates the dynamic role that centers play in fostering creativity,

connection, purpose, and resilience in later life.

NOW THEREFORE, BE IT PROCLAIMED BY THE CALDWELL COUNTY COMMISSIONERS COURT THAT, it does hereby declare September 2025 as:

Senior Center Awareness Month

PROCLAIMED this 9th day of September, 2025.

Hoppy Haden Caldwell County Judge

B.J. Westmoreland

Commissioner, Precinct 1

Ed Theriot

Commissioner, Precinct 3

ATTEST:

Teresa Rodriguez, Caldwell County Clerk

Rusty Horne

Commissioner, Precinct 2

Dyral Thomas

Commissioner, Precinct 4